

The University of Manchester

NHS National Institute for Health Research

Collaboration for Leadership in Applied Health Research and Care (CLAHRC) Greater Manchester

We are a partnership between providers and commissioners from the NHS, industry and the third sector, as well as clinical and research staff from the University of Manchester. We aim to improve the health of people in Greater Manchester through carrying out research and putting it into practice.

We have three themes of work: patient-centred care, primary care and community services.



Patient-centred care

Patients tell us they prefer to be looked after as a person with problems, rather than with a collection of different conditions. The projects in this theme are all about helping providers of services look after the whole person to avoid fragmented, uncoordinated care episodes that deal with one problem at a time.

Our projects include:

- Helping people with severe mental illness achieve better physical health
- Helping people with long term physical conditions to cope with associated symptoms such as depression and anxiety
- Early detection of complications of diabetes by opticians
- Improving longer term care for people following a stroke
- Better delivery of evidence based care to people with schizophrenia
- Supporting patients to make decisions about taking medicine



Primary care

In partnership with local primary care practitioners and commissioners we will ensure that the provision of primary care services in Greater Manchester is based upon the best available evidence (about 'what works') and will put into practice proven service innovations, improving health for people with cardiovascular disease and learning about how to do more of this.

Our projects include:

- Improving access to primary care services (in partnership with the Greater Manchester CCGs Service Transformation Team)
- Improvement in care for people with cardiovascular disease, spreading innovations that may include:
 - GM-HFIT: An audit and education approach to support primary care to identify and manage patients with heart failure.
 - IMPAKT™: A tool to identify and support the management of patients with early stage Chronic Kidney Disease (CKD) in primary
 - Support for self-monitoring of blood pressure: Enable practices and patients to implement NICE guidance and to include patients as partners in the process



Community services

This theme will build relationships and create new networks of community service providers. We will put into practice locally relevant research evidence in the areas of wound care, end-of-life services and the community assessment of patients with long-term conditions. This will lead to opportunities and partnerships for new research being developed.

Our projects include:

- Mapping current wound care provision and practice
- Building networks for community provision of wound care and implementing proven treatments
- Evaluating current end-of-life care provision and making improvements for patient benefit
- Enhancing carers' skills, knowledge and confidence in end-of-life care
- Developing and testing long-term conditions assessment tools in practice