

CLAHRC BITES

IMPROVING THE MANAGEMENT OF CKD IN PRIMARY CARE Chronic Kidney Disease



GM CLAHRC supported GPs to help them improve the identification and management of people with early stage kidney disease.

We helped 30 GP practices in Greater Manchester identify 1,863 patients who are at risk of developing a serious loss of kidney function. //

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83% of CKD patients were tested for proteinuria and managed to NICE recommended blood pressure targets.

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Chronic Kidney Disease affects around 6% of the UK adult population. The burden of CKD is severe with patients having a greatly increased risk of suffering a stroke, heart attack, renal failure or death.

Quality and Outcomes Framework (QOF) data from 2008/2009 suggested that there was a 2% gap between the recorded local prevalence and estimated national average prevalence of CKD, which equated to around 41,000 undetected cases of CKD within Greater Manchester.

GM CLAHRC helped participating practices reduce the gap between the recorded and the estimated prevalence of CKD on GP registers.

The Collaboration for Leadership in Applied Health Research and Care (CLAHRC) is a partnership between the University of Manchester and the NHS in Greater Manchester.

Funded by the National Institute for Health Research, our mission is to undertake high quality applied health research focused on the needs of patients to improve health services across Greater Manchester.



FEEDBACK

Dr Hayley Clutton, GP at Dr K Khatri's Surgery in Tyldesley (NHS Ashton, Leigh and Wigan), said: "The project has given us the confidence to understand CKD, including when to refer and how to manage patients better. The work has improved patient quality of care through them being identified, and it has made us more aware when prescribing. More patients being managed within primary care will prevent end stage kidney disease, which is a huge cost saving to the NHS."

The NIHR CLAHRC for Greater Manchester is a collaboration of Greater Manchester NHS Trusts and the University of Manchester and is part of the National Institute for Health Research W: clahrc-gm.nihr.ac.uk E: clahrc@srft.nhs.uk

Contacts for this 'CLAHRC BITE' to be found at: clahrc-gm.nihr.ac.uk/resources/chronic-kidney-disease

The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health