

# CLAHRC BITES

## IMPROVING THE QUALITY OF STROKE ASSESSMENT Greater Manchester Stroke Assessment Tool (GM-SAT)



GM CLAHRC developed GM-SAT, an evidence based assessment tool that provides everything needed to enable healthcare professionals to undertake a thorough and effective six month post stroke review.

The toolkit has helped improve the quality of life for stroke survivors and their carers by identifying the unmet needs of patients and addressing them.

The GM-SAT toolkit is now used nationally by NHS organisations and has been recognised by the National Stroke Improvement Programme as an example of best practice for the six month review.

The tool provides a comprehensive and easy to follow guide to carrying out the six month post stroke review. Localities are integrating the tool into their local systems.

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## IMPROVING THE QUALITY OF STROKE ASSESSMENT GM-SAT

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The need for six month post-stroke reviews was laid out as a quality marker in the Department of Health's National Stroke Strategy.

GM CLAHRC worked with patients, carers and professionals from across the stroke pathway to identify the common, long term problems people experience after a stroke.

We worked with stroke services across Greater Manchester to identify appropriate ways to deliver six month reviews, identify who should deliver them and where they should take place.

The Collaboration for Leadership in Applied Health Research and Care (CLAHRC) is a partnership between the University of Manchester and the NHS in Greater Manchester.

Funded by the National Institute for Health Research, our mission is to undertake high quality applied health research focused on the needs of patients to improve health services across Greater Manchester.



# IMPACT

GM-SAT is now a recognised example of best practice in the area of post stroke six month assessment and has been adopted by multiple sites nationwide.

The NIHR CLAHRC for Greater Manchester is a collaboration of Greater Manchester NHS Trusts and the University of Manchester and is part of the National Institute for Health Research W: [clahrc-gm.nihr.ac.uk](http://clahrc-gm.nihr.ac.uk) E: [clahrc@srft.nhs.uk](mailto:clahrc@srft.nhs.uk)

For more information please visit [clahrc-gm.nihr.ac.uk/resources/gm-sat/](http://clahrc-gm.nihr.ac.uk/resources/gm-sat/)

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